Undisturbed Labour and Birth Facility Index (ULaB)

Transform Outcomes and Experiences of Birth at Your Facility with Evidence-Based Quality Indicators



What is ULaB?

The Undisturbed Labour and Birth (ULaB) Index is the first comprehensive quality improvement tool that measures a facility's capacity and readiness to support labor and birth across 18 evidence-based domains. Developed by a multi-disciplinary team of experts using rigorous research methodology, ULaB assesses environmental, experiential, and structural conditions crucial to optimizing perinatal outcomes and experiences of facility-based labour and birth.

Ready to enhance your facility's record on evidence-based and responsive care?

Contact the Provincial Council for Maternal and Child Health (PCMCH) to get started with ULaB.
info@pcmch.on.ca

Benefits for Your Facility:

- ✔ **Benchmark Quality Metrics** with similar facilities offering perinatal services
- ✔ **Demonstrate Cost-Effectiveness** with quantifiable metrics and outcomes
- ✔ **Provide Evidence** to Payors and the Public of your commitment to person-centred care
- ✔ **Access Data for Funding Proposals** to showcase quality improvement efforts
- ✔ **Connect with a Network** of perinatal quality improvement collaboratives
- ✔ **Foster Interprofessional Collaboration** through team-based quality initiatives
- ✔ **Access Best Practice Resources** to improve service delivery in 18 domains
- ✔ **Improve Patient Experience** and cultural safety at your institution

Sample Domains

- Supportive Physical Environment
- Admission in Active Labour
- Respectful Care and Freedom from Mistreatment
- Induction & Augmentation
- Models of Care
- Fetal Monitoring
- Informed Choice & Person-Centered Decision Making
- Labor Companionship
- Pain Management
- Cord Clamping
- Postpartum Togetherness
- Breastfeeding

Provincial Council for Maternal and Child Health

birth place lab

Simple Implementation Process

- Complete the online assessment tool (1-2 hours total)
- Review your comprehensive scores across all domains
- Identify priority areas for improvement
- Access best practice resources to implement changes
- Reassess to track your progress



Endorsed by Clinician Leaders

"The ULaB index solves two key issues facing hospital QI leaders working in U.S. maternity care: measurement and transparency. The ULaB index measures domains of birth care that matter most to patients, helping hospitals to boost their care capacity and to communicate their excellence to the public."

-Dr. Nicholas Rubashkin, UCSF Health

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PCMCH has partnered with the Birth Place Lab to support implementation of the ULaB Facility Index across Ontario. Contact PCMCH to get started with ULaB. **info@pcmch.on.ca**.